



Optimum Physical Therapy Associates Plans Open House to Celebrate Anniversary
Free blood-pressure screenings, T-shirts for first 100 adults, refreshments for all
Chuck Garfinkle Joins Staff

SWARTHMORE, PA—May 29, 2008—Optimum Physical Therapy Associates will commemorate its first anniversary with an open house to thank the community for its support and introduce its newest practitioner, Chuck Garfinkle, PT, OCS. The celebration will take place on Thursday, June 19, from 5:00 p.m. to 7:30 p.m., at OPTA's treatment facility in the Swarthmore Wood Shopping Center on Route 320.

The first 100 adults through the door will receive complimentary OPTA T-shirts. Free blood-pressure screenings will be available. Refreshments will be provided by nearby 320 Market Café of Swarthmore. Milk and homemade cookies will be available for children.

Mr. Garfinkle joined the practice in April, 2008. A graduate of Widener University, he is both an Orthopedic Certified Specialist, certified through the American Board of Physical Therapy Specialties, and a Certified Massage Therapist. Further, he is a Certified Orthopedic Manual Therapist through Maitland Australian Physiotherapy Seminars and is currently assisting as a physical therapy instructor at Neumann College.

Optimum Physical Therapy Associates is a Medicare-certified facility and accepts insurance from most private companies, including Blue Cross/Shield, Personal Choice, United Health Care, Aetna and Cigna. The practice also specializes in rehabilitating individuals who are injured in motor vehicle and work-related accidents. Its physical therapists are authorized to treat patients under Direct Access, as certified by the Pennsylvania Bureau of Professional and Occupational Affairs. With Direct Access in Pennsylvania, patients may receive initial physical therapy treatment without a doctor's prescription. Patients should check with their insurance company first about prescription requirements.

Optimum Physical Therapy Associates is an independent physical therapy practice owned and operated by Glenn Venturini, PT, and Craig Fava, PT. It is located in the Swarthmore Wood Shopping Center on Route 320, between the 320 Market Café and CVS/Pharmacy. Hours are 6:45 a.m. to 8:00 p.m., Monday through Friday, and Saturday by appointment. Visit www.MyOptimumPT.com for more information.